

# OVER THE FENCE

*News for Neighbors from the Arlington Heights Civic Association*

*Summer 2013*



## COME PLAY WITH US!

*IF IT'S SUMMERTIME, IT MUST BE TIME TO PLAY...  
NEIGHBORHOOD SOFTBALL!*

Whether it's been 10 days or 10 years since you last played, we want you to join Arlington Heights' very own Fightin' Pineapples. We need 12 adult (18 and older) team members. Both men and women are encouraged to sign up. Bats, balls and bases will be provided and though we do have a few extra gloves, we ask you bring your own if you have one. We always have light refreshments and plenty of water, and you can get your own Fightin' Pineapples shirt for just \$12.

The Pineapples are undefeated so far this season, having trounced the "rebel alliance" of Penrose/Alcova Heights by 24-20 on June 29 and Alcova Heights again by 11-6 on July 13. We'll be scheduling games



until October. Please check out the AHCA listserve – just send an email to **ahca-subscribe@yahoogroups.com** to register – or contact AHCA President Stacey Whyte at 703-271-2681 for the latest schedule.

**PLEASE ATTEND THE QUARTERLY MEETING OF  
THE ARLINGTON HEIGHTS CIVIC ASSOCIATION  
TUESDAY, AUGUST 13, 7 P.M.—9 P.M.  
PATRICK HENRY ELEMENTARY SCHOOL LIBRARY**

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## WELCOME TO THE NEIGHBORHOOD!

New to the neighborhood? The county has launched a free resource for new residents, just for you. The Arlington Welcome Kit includes an online information portal and a printable guide packed with information on how to sign up for county services, set up a new home and settle into the community.

The kit is available for download at [www.arlingtonva.us/portals/topics/page87702.aspx](http://www.arlingtonva.us/portals/topics/page87702.aspx)

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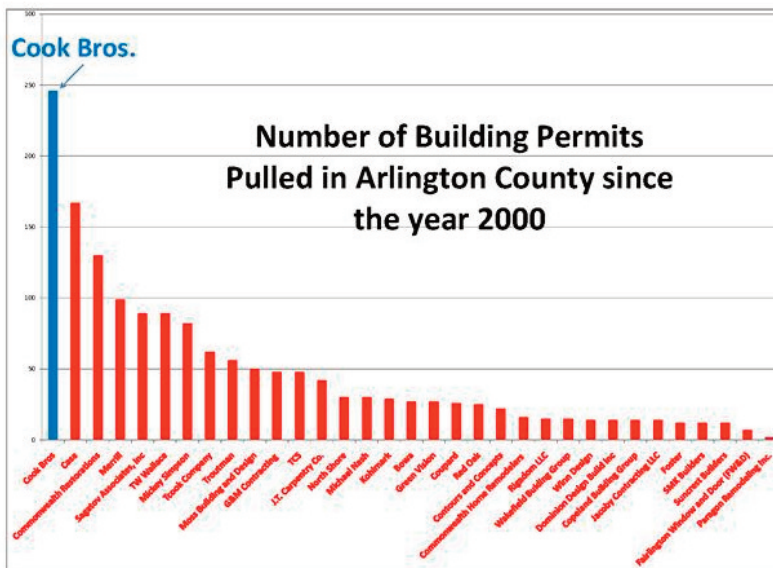


As you've probably noticed, the county has resurfaced 2nd Street South between South Ivy Street and South Glebe Road. The county says it's taking advantage of the regularly scheduled pavement maintenance work to make a number of improvements after receiving complaints of high traffic speeds on 2nd Street S., where the posted 25 mph speed limit often gets ignored because of the wide, straight travel lanes:

- Travel lanes reduced from 15 feet to 11 feet in width;
- Addition of bicycle lanes between S. Glebe Road and S. Irving Street;
- Pedestrian ramps improved to current standards based on the Americans with Disabilities Act (ADA) throughout the project area;
- Addition of a marked and signed crosswalk with a new curb extension at S. Ivy Street.

The county hopes to have all associated work completed by the beginning of the 2013-2014 school year. If you have any questions, please contact the project manager, David Kirschner, at [dkirschner@arlingtonva.us](mailto:dkirschner@arlingtonva.us)

## Why Wouldn't You?



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## NEIGHBORHOOD SPOTLIGHT: ARLINGTON CAREER CENTER/GOVERNOR'S CAREER AND TECHNICAL ACADEMY

Did you know that Arlington Heights is home to a key resource for the high-schoolers in your life? The Arlington Career Center at 816 S. Walter Reed Drive serves all high school students in the Arlington Public Schools, offering a wide range of Career and Technical Education (CTE) programs, academic options and dual-enrolled college courses through the Governor's Career & Technical Academy.

This year, one of the Center's Forensic students won first place in the Medical Math Exam, and the television production team was named state champion at the Skills USA competition, earning gold medals in Broadcast News Live, TV Production/Special Effects, TV Production/Cuts Only, and Pre-production/Radio Communications. Many other students were honored with scholarships and other recognitions at the Career Center's annual awards assembly this spring.

More importantly, many APS students who have successfully completed the CTE programs at the Career Center are now active in the workforce here in Arlington and throughout the nation. Career Center grads include electricians, EMT's, physicians, physical therapists, chefs, auto technicians, engineers, computer programmers and cosmetologists.

The Career Center prepares students to realize their potential in a changing technological society and provides enhanced opportunities in four areas: hands-on skills; industry certifications; college credit; and career experiences such as internships and client projects.

In addition, four full-day academic programs are also offered at the Center:

- The Academic Academy is an alternative to comprehensive high school for students in grades 10 through 12, as well as ninth grade students who have not yet completed the requisite coursework for admission to high school;
- The HILT (High Intensity Language Training) Institute is for older students (ages 16-21) who benefit more from a small and structured academic environment, integrated with a career and technical component;
- The EBCE (Experienced Based Career Education) Program combines academic instruction with un-

paid career exploration at work sites in the community; and

- The SWAT (Supported Work and Transition) Program is a community-based program for supported work experience as well as travel and independent living training for students.

This year, 180 students enrolled in one of four Health and Medical Programs, which include: Health and Medical Sciences; Pharmacy Technician; Physical Therapy/Sports Medicine Technology; and Emergency Medical Technician/Human Anatomy and Physiology. These programs are helping the Center to establish a Health and Medical Academy for those students considering a career in the field of medicine.

The Academy offers a Summer STEM Academy at the NOVA Alexandria campus for rising juniors and seniors. Students can earn from three to nine college credits in the STEM (Science, Technology, Engineering and Mathematics) fields – automotive (engines), cyber security, and architectural drafting. The topics change annually, depending upon student interest.

Enrichment classes are also offered on Saturdays



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from October through March and during July to enhance the experience of Arlington's students in grades 3 – 12. In addition, the PRIME Internship Program offers students an opportunity to intern in the professional community for four weeks in the summer.

The Governor's Academy programs focus on

building relationships, relevance and rigor by providing opportunities for high-level, real-world projects and entrance into Northern Virginia Community College (NOVA). Once students are enrolled in NOVA (usually as high school juniors), they earn college credit through dual-enrolled courses. This gives them a leg up to the

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post-secondary studies and pursuits.

Beginning in September, Arlington Mill High School daytime classes will be joining with their evening classes to fully co-locate at the Arlington Career Center. Arlington Mill High School is a county-wide school of choice for students ages 16 and older who are completing their high school diploma. As a high school of enrollment, Arlington Mill awards its own diploma and is distinguished by offering courses required for a high school diploma on a semester basis. Classes operate in both the day and evening hours. Arlington Mill's diverse student population is focused on earning a high school diploma, while preparing for college, work, and the future. While completing high school requirements, students have a chance to take classes for dual-enrollment college credit, and the new Career Center location will now afford them added opportunities to complete CTE courses and additional college level dual-enrollment classes.

Finally, the Teen Parenting Program will also transition into the Career Center this fall. This program addresses the issues of adolescent pregnancy including educational needs and other related issues of our young parents, and the new location will expand these students' instructional opportunities.

For more information, check the Center's website at: <http://www.apsva.us/careercenter>

*—Nancy Opsut, principal*

*If you know of an Arlington Heights neighbor or institution we should profile, please contact me at [jpecquet@yahoo.com](mailto:jpecquet@yahoo.com).*

## DON'T FORGET! AHCA EVENTS FOR 2013

Mark your calendars for these important and fun events coming up this year in our neighborhood—

Aug. 13, 7-9 pm:	Quarterly meeting of AHCA
Oct. 26, 3-4:30	Halloween Parade
Oct. 27, 3-4:30	Halloween Parade Rain Date
Nov. 12, 7-9 pm:	Quarterly meeting of AHCA
Dec. 20, 7 pm:	Holiday caroling



## RUN AND PLAY—*THE FAIR IS COMING!*

It's time for the Arlington County Fair, and this year the summer's main attraction is adding a new twist – the first-ever (non-pig) Arlington County Fair 5K Run/Walk, so you can build up an appetite for those kielbasas and that cotton candy. The route is expected to start and finish at Patrick Henry Elementary School and loop around the fair grounds twice.

### Race details

Date: Sunday, August 11, 2013

Time: 8:30 a.m. (check-in begins at 7 a.m.)

Registration Fees—Individual: \$25

Family (2 adults, up to 2 children): \$50

Registration fees include a t-shirt, refreshments before and after the race, and the shuttle ride to and from the fair grounds after the race. Everyone registered by July 24th is guaranteed a T-shirt; you may select your size when registering online. You can register at

<http://arlingtoncountyfair.us/5k/>

### Fast facts

Fair Admission: Free

Dates and Times: Wednesday, Aug. 7 to Sunday, Aug. 11

Wednesday: 5-10 p.m. (outdoor only)

Thursday: 5-10 p.m. (outdoor only)

Friday: 2-10 p.m. (outdoor); 4-10 p.m. (indoor)

Saturday: 10 a.m.-11 p.m. (outdoor); 10 a.m.-9 p.m. (indoor)

Sunday: 11 a.m.-10 p.m. (outdoor); 11 a.m.-7 p.m. (indoor)

Parking: The community center parking lot is reserved for fair vendors and exhibitors. Shuttles will run continuously from the Arlington Career Center, 816 South Walter Reed Dr.; I-66 Parking Garage, Corner of N. Quincy and N. 15th St.; and the Ballston Metro. The charge is \$2 each way to use the public shuttles. Children under 12 ride for free.

### Fair Highlights

- Harlem Wizards

- Air-conditioned Indoor Exhibitor Hall and Entertainment: interactive aquarium area, indoor community entertainment, arts/crafts, jewelry, competitive exhibits, community and commercial exhibitors;

- Racing piglets

- Outdoor Movie Nights: teen movie on Friday night; family movie on Saturday night;

- Kids' Court: inflatables, face painting, and Monster Mural;

- Cole Amusement Midway Kiddie/Thrill Rides and Games and Pony Rides.

Web site: <http://arlingtoncountyfair.us/>



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## RECORD ATTENDANCE FOR GARDEN TOUR

Some 30 neighborhood residents and friends participated in the Arlington Heights Garden Tour on June 8, making this year's event the best-attended ever.

Beginning at the home of tour hosts John and Rebecca Mashaw, the tour encompassed a variety of gardens, from the lush sunny border of professional landscape architects Thomas and Melissa Rainer to the ingenious array of critter-foiling designs in the vegetable garden of Matt Keene. Karen Laake and Ken Nagle treated the attendees to a truly unique, creative and delightful garden featuring vegetables, herbs, perennials and much more — including a garden path made of recycled manhole covers!

At the garden of Sean McNamara and Ken Poole the border plantings and antique fencing demonstrate how to create lovely private spaces even on a corner lot. Maureen Sullivan's garden is a fine example of an intensely planted and beautifully groomed small-space garden. Phil Mackall and Lynn Christensen showed the spectacular planting beds they have created and maintain at Thomas Jefferson Community Center, for the enjoyment of the whole neighborhood. Catherine Dowling shared her lovely garden with its mixed borders and creative plantings. And finally, Juanita Zientara treated the attendees to her amazing garden and enviable screened porch, complete with comfortable chairs, cool beverages and ice cream.

Thanks to everyone who participated either in showing their garden or just coming along for the tour. And a special thanks to Karen Laake, who has set up a new AHCA Yahoo group just for the neighborhood's gardeners, to facilitate trading plants, helping out with advice and problems and sharing interests in all things garden-related. To join the group simply contact Karen at [karakdestr@yahoo.com](mailto:karakdestr@yahoo.com).

This year's participating gardens were:

2908 South 5th Street (Rebecca and John Mashaw)

2901 South 5th Street (Thomas and Melissa Rainer)

405 South Garfield (Matt Keene) Vegetable Garden

121 South Garfield (Karen Laake and Ken Nagle) Plants, Flowers, Vegetables

3103 South 2nd Street (Sean McNamara/Ken Poole)

3124 South 2nd Street (Maureen Sullivan)

Thomas Jefferson Garden (Phil Mackall and Lynn Christensen)

709 South Ivy (Catherine Newling)

316 South Ivy (Juanita Zientana)



*Karen Laake shows how she makes creative use of recycled materials in her garden.*

Some neighbors have indicated an interest in holding a fall garden tour. If you're interested in being included, please respond ASAP to Lisa Chedister at [lisachedister@yahoo.com](mailto:lisachedister@yahoo.com). The tentative date is September 28th.

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## PLEASE JOIN AHCA AND LISTSERV!

Please take this opportunity to renew your AHCA membership. Residential memberships are \$20.00 per household; business memberships are \$25.

The membership year, just like the calendar year, runs from January through December and **all memberships are due to be renewed in January no matter when you paid the previous year.** While the dollar amount is relatively small, your participation is vital to the continuation of our Civic Association.

Also, we want to thank all the members that have added additional contributions to their membership payments. No matter how small, those additional contributions have not gone unnoticed, and collectively they can make a difference.

Be sure to join the AHCA listserv, too! You get up-to-date information such as alerts, neighbor and event information and time-sensitive notifications. List items you want to sell or donate, get recommendations on contractors and vendors, and much more.

It's easy-and free! Send an email to [ahca-subscribe@yahoogroups.com](mailto:ahca-subscribe@yahoogroups.com).

## 2013 AHCA MEMBERSHIP

Individual/Family Memberships are \$20.

Business Memberships are \$25.

With your membership you help to support the Arlington Heights Civic Association's activities. Members receive voting rights on issues presented to the association. Memberships should be renewed annually.

Please complete this form and send with your check made out to AHCA to:

Arlington Heights Civic Association  
P.O. Box 40311  
Arlington, VA 22204


Name \_\_\_\_\_

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Yes, I'd like to make an additional contribution to AHCA. \$ \_\_\_\_\_



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# SUMMER SAFETY

Vacation time is here, and the Arlington County Police Department would like to remind you of some common-sense tips if you're going to be out of town:

1) Do not stop mail or newspaper - Do you know who you are talking to when you notify your service providers? You wouldn't tell a stranger your address and then tell them you were going to be out of town for a week or two would you? Of course not! Have a trusted neighbor or friend come by and pick up the mail and newspaper.

2) While that friend or neighbor is at your home, have them move your car from time to time. Nothing screams "I am not home" louder than a car sitting in the same spot day after day with a thick coating of pollen collecting on it.

3) Have interior and exterior lights on timers and vary the time they turn on/off. Lowe's and Home Depot have various brands that are programmable by day and/or by week. You can also plug in your TV to the newer timers and have your TV turn on/off at pre-scribed times.

4) Tell a neighbor that you will be out of town and to keep an eye on your home. Have them report any-

suspicious persons loitering around your home to the police especially if they see people in the home or coming from it.

5) When on vacation we tend to let our guard down. Be wary of carrying large amounts of cash/use of ATM. Use your credit card for purchases if you can, and consider having a specific credit card for purchases separate from your debit/bank card, which is tied to your bank account. If you make purchases on your debit card you are relying on your bank's good will to reimburse you. This is sound advice not only for vacation travel but for everyday purchases.

6) At hotels, NEVER leave valuables in your room. Use the room safe if there is one or check in valuables with the manager in the hotel safe.

I also want to share with you that we have three new Third District Team members who have just started with us. They are Officers John Vanak, David Martins and Krizza Balderrama. They are very excited to have been picked for the District Team and eager to continue the department's collaborative work with Third District residents and businesses. I will make them available for community meetings and events so you can meet with them.

*Captain Brett M. Butler, 3rd District Commander*

## COMMUNITY AND COUNTY PHONE NUMBERS

### Arlington County:

Police Non-Emergency	703-558-2222
Water (after hours emergency)	703-228-6555
Trash & Special Pickups	703-228-6555
Animal Control/Animal Welfare League	703-931-9241
Columbia Pike Library	703-228-5710
Patrick Henry Elementary School	703-228-5820
Thomas Jefferson Middle School	703-228-5900
Wakefield High School	703-228-6700
Thomas Jefferson Community Center	703-228-5920
Snow Removal Hotline	703-228-6485
Pothole Hotline	703-228-6570
Trees down	703-228-6525
Street flooding	703-228-6555
Dominion Virginia Power Outage Reports	1-866-DOM-HELP
Washington Gas Emergency Reports	703-750-1000
Comcast Cable	800-934-6489 (800-XFINITY)
Miss Utility (call before digging)	800-552-7001

## WELCOME TO THE MELTING POT

Did you know that Arlington Heights is one of the most diverse communities in Arlington? We're home to natives of Ethiopia, the Middle East and all over Latin America, plus many other places.

We've also got more young children and middle-aged folks than the average, but far fewer young adults.

Here's how we compare to the county overall, courtesy of a county government data crunch:

	Arlington Heights		Arlington	
	Number	Percent	Number	Percent
<b>TOTAL POPULATION</b>	2,555	100.0%	207,627	100.0%
White	1,471	57.6%	132,961	64.0%
Hispanic or Latino	588	23.0%	31,382	15.1%
Black or African-American	154	6.0%	17,088	8.2%
Asian	257	10.1%	19,762	9.5%
Some other race	22	0.9%	1,138	0.6%
Two or more races	63	2.5%	5,296	2.6%
<hr/>				
Under 5 years	202	7.9%	11,782	5.7%
5 to 17 years	277	10.8%	20,844	10.0%
18 to 24 years	162	6.3%	20,315	9.8%
25 to 34 years	545	21.3%	57,402	27.6%
35 to 44 years	495	19.4%	32,868	15.8%
45 to 54 years	376	14.7%	25,717	12.4%
55 to 64 years	289	11.3%	20,645	9.9%
65 to 74 years	146	5.7%	10,086	4.9%
75 and older	63	2.5%	7,968	3.9%

### ADVERTISE WITH US!

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You'll reach plenty of potential new customers, and help support your neighborhood all at the same time.

Ad size	One issue	Four issues (one year)
Business card	\$40	\$130
Quarter page	\$75	\$245
Half page	\$130	\$425
Full page	\$245	\$825

Please make checks payable to **Arlington Heights Civic Association** and mail to: AHCA, P.O. Box 40311  
Arlington, VA 22204

Questions? Contact newsletter editor Julian Pecquet at [jpecquet@yahoo.com](mailto:jpecquet@yahoo.com)